



ASSOCIATION FOR WOMEN IN SCIENCE

PALO ALTO CHAPTER

<http://www.pa-awis.org/>

<http://www.awis.org/>

November/December 2003

From the President

by Michelle Boytim

First I would like to thank Avital Bareket-Samish for being our newsletter editor for the past year. We appreciate all of her hard work to keep the newsletter running. I would also like to welcome our new editor, Angelie Agarwal, and thank her for volunteering to take over the position. I also want to thank Marina Gelman for stepping in as co-chair of the Programs Committee. November is quickly approaching, which makes us all think of election time. Several of the board positions will be turning over next year due to term limits or people returning to school, including the president, vice-president, treasurer, and NCC representative. Interested in finding out more about what is involved in being on the board? Our contact information is on the last page of the newsletter, or you can reach us through the website at www.pa-awis.org on the Meet the Board page.

Please Stay In Touch

If you move or change jobs during the year, please remember to let us know. Updating your AWIS contact information is important and it's easy to do. Simply send a message to AWIS Member Services via email to membership@awis.org or access your membership information online and make the change yourself. Serving you as a member depends upon our ability to reach you. Please keep in touch! AWIS Member Services may be reached by phone at 1-866-657-AWIS (2947) toll-free. National AWIS_website is www.awis.org and our Palo Alto chapter website is www.pa-awis.org.

Editor's Note

by Angelie Agarwal

It is with great pleasure that I take on the role of newsletter editor. I am not only new to this position, but also to AWIS. If you are a fellow newcomer, I welcome you to this wonderful organization and encourage you to become a member. In this issue, you can read more about becoming a member and the benefits of membership. I look forward to an exciting year with you!

Upcoming Programs and Events

NOVEMBER

Nov 11 – East Bay AWIS meeting on 'Rosalind Franklin', Chiron

Nov 12 – Palo Alto AWIS Mentoring Meeting (mentoring_awis@yahoo.com)

Nov 17 – Palo Alto AWIS Chapter meeting on 'Science Education', PARC Auditorium

Nov 20 – Bioinformatics and Nanotechnology, Stanford University

DECEMBER

Dec 10- SF AWIS Chapter meeting (nccawis.org for more info), Genentech

Dec 11 – Palo Alto AWIS Chapter Meeting – Networking, holiday cookie and recipe exchange, PARC Auditorium

For more information on these upcoming events, please see flyers on pages 6 and 7, and Calendar of Events on page 8.

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Meeting Highlight: Brilliant October Program on Non- Defensive Communication

by Staff Correspondent

Mady Shumofsky came to PARC with a powerful, interactive presentation on Oct 22 and made us all participants. Working in 2's and 3's we learned how the cultural habits of our speech can polarize those we're speaking with, and shut the doors of communication. First, we learned about 6 defensive questioning styles that are difficult because they don't allow multiple points-of-view. Our goal was to ask better questions, to understand another perspective. It was surprisingly easy to reach common ground and the exercise was great fun! If you missed this meeting, Mady will be teaching on Nov 15, 9:30a-4:30p in Oakland. She can also do workshops in-house, if you think your company might be interested in this team-building exercise. Email madyshum@earthlink.net. If you are looking for effective tools to use when co-workers, clients, friends or family are attacking / blaming / withdrawing / entrapping /justifying / surrendering / sabotaging - or when YOU are! Develop your skills in asking non-threatening questions, learn to state your views clearly without an escalating power struggle, and set limits that work for you.

New On Our Website

by Michelle Boytim and Sophia Kuo

Interested in submitting an article to the newsletter but don't know how? Want to find out more about the Outreach committee or Mentoring? Want to suggest a speaker for a program? Are you curious about the industry outreach committee or what the NCC representative does? Want to know more about how we pick our annual scholarship winners? Now you can find out about all this and more on our website. Simply go to www.pa-awis.org and go to the Activities page. There you can find information about the history of the chapter, previous events, and everything you wanted to know about the committees that run the chapter. If you would like to see other features on our website or have other comments or suggestions, please contact us at pa_webteam@yahoo.com

Focus On: Membership

Benefits of Membership

by Staff Correspondent

Did you know that AWIS has a society-wide subscription to Science's Next Wave? If you are an AWIS member, you may access the full text of NextWave articles through the Members Only section of the AWIS website, www.awis.org. Once you reach our homepage, just put the title of the article into our search engine. However, if an article has an URL next to it, then you can access it for free from any computer, due to the generosity of our sponsors. If you have any access problems, please send a message to nextwave@aaas.org

What do you get when you become a member of AWIS?

From National

- Receive the National AWIS Magazine, published bimonthly
- Get access to the National Membership Database
- Receive free rights to use Science's Next Wave
- Support the promotion of women's activities in all scientific fields, from mentoring to scholarships to job listings.

From the Palo Alto Chapter:

- Receive a subscription to the chapter newsletter
- Get discounted admission to special workshops
- Receive access to special networking events
- Support our chapter's mentoring and outreach programs

You can join AWIS online by visiting our website at www.pa-awis.org or through National AWIS at www.awis.org.

Membership Database

If you are a member of AWIS, accessing the membership database is easy. Go to the National AWIS website: www.awis.org and click on the Members Only link. Enter your user ID (printed on the mailing label of the AWIS Magazine). Enter your password (the default password is "curie"). If you can't remember your ID contact Membership services at membership@awis.org or call 866-657-2947. Once you are in the Members Only section, click on the Search Membership link. This brings up the search menu that allows you to find a member by chapter, science field, name, city or state.

Volunteer Opportunities

Membership Committee

The Membership Committee Needs You!

The membership committee is looking for help. Membership maintains our database, provides check-in services at our meetings and is responsible for maintenance and distribution to our email list. The co-chairs of the committee, Lalitha Subramaniam and Anna Chinn are planning to step down this year and are looking for volunteers to chair the committee. They are more than happy to train and help new volunteers get started. Interested in finding out more? Contact Lalitha or Anna (information on the back page) or reach them through the Membership Volunteer Form on the Chapter Activities page of our website:

www.pa-awis.org.

Refreshment Committee

WANTED: Refreshment Committee volunteers

Tired of pizza? Volunteers are wanted to Chair and populate the newly formed Refreshment Committee. This committee will be responsible for bringing food and drinks to monthly chapter meetings. Are you a party planner? Enjoy feeding people and making them feel welcome? Can you work with a budget? Volunteering is easy, fun and the time commitment is minimal. Please reply to Marina Gelman (marishagel@yahoo.com) or Michelle Boytim (mlboytim@yahoo.com) for more information, or talk to us at the next chapter meeting.

In the Community

Blood Donors Needed for Breast Cancer Study

We recently received a grant to validate a promising new technology, called SELDI-TOF mass spectrometry, for breast cancer diagnosis. Some reports in the literature have suggested it may be possible to use blood serum to detect biomarkers associated with breast cancer at an early, curable stage. For example, see Li et al. Clin Chem. 2002 Aug;48(8):1296-304.

We have already started enrolling patients in our own prospective study, and now we need blood samples from healthy women for comparison. Currently, we are set up to collect blood samples at Stanford University hospital. If you would like to participate, please call Meredith Mills (650-724-5223) to set up an appointment, and get directions. For more information, please contact:

Yvonne Thorstenson
Stanford Genome Technology Center
650-812-1976
yrt@stanford.edu

PARC and AWIS

by Staff Correspondent

AWIS Palo Alto is grateful to PARC and especially to Raj and Gesara—our on-site meeting sponsors. AWIS meetings have been held at the PARC Auditorium since January 2001. This site has many advantages including: a lobby where we can eat and mingle, comfortable seating, good acoustics, top of the line audio-visual aids and ample free parking. It is close to Stanford and easily accessible from both Hwy 280 and 101. Thank you, PARC!

about career options from senior women. Welcome! Mentoring thanks you, Adina!

News and Happenings

2003-2004 Mentoring is Up and Running!

by Staff Correspondent

Co-Chairs Adina Paytan and Susan Bernhard welcomed 48 mentors and protégées at the first Mentoring Meeting on October 9th. The best news is that we have 50 mentors in our database this year, and student protégées from more than 15 academic departments at Stanford. Pairing of mentors and protégées will continue at our second meeting, on **November 12th**. To RSVP for the meeting or for more information about the mentoring program, send an email to mentoring_awis@yahoo.com. Dr Elizabeth Bellows was our guest speaker on Oct 9th. She reminded us of the great good that mentoring can do, and gave voice to the special needs of graduate students. She also praised mentors for responding to and nurturing the next generation of scientists. The Mentoring Program is now in its thirteenth year. Over 500 Stanford graduate women in science, engineering and math have been protégées since 1991 when the program started. Postdocs are an integral part of the program now. In September 2003, the AWIS Palo Alto Mentoring program was featured in Stanford Magazine (page 34). We are pleased and proud to be recognized for the contribution that AWIS makes to graduate student life.

Mentoring Welcomes New Co-Chair

By Susan Bernhard, Co-Chair Mentoring 2003-04

Adina Paytan has joined the Mentoring Committee as Co-Chair for 2003-04. Adina is Assistant Professor of Geology and Environmental Science at Stanford, where she has taught and done marine geology research since 1999. She is married and is the mother of an eight-year old daughter. Adina places a high priority on mentoring and she has been enthusiastically recruiting new protégées from her department. Adina feels that mentoring "is part of her job description, it gives me great satisfaction". She believes it is tremendously important for graduate students to have support, role models and advice

Science Ed in November

Science education is one of the fundamental goals of AWIS Palo Alto. We need to educate kids who can think about the scientific questions of today and tomorrow: environmental (hazardous waste, genetic engineering of food), health-related (stem-cell research, genetic profiling) and basic research (space exploration, linear accelerators). Science education is our meeting topic for November. Come hear what our fabulous speaker has to say!

Get in the Holiday Spirit!

Bring a plate of your favorite cookies or holiday treat, and at least one copy of the recipe to share. There will be door prizes for recipe entries. Network with new colleagues and find out who's doing what in Bay Area science.

Job Website Launched

Last week, the Higher Education Recruitment Consortium launched the first higher education job website in Northern California at

<http://www.bayareaherc.org>

Designed for a wide variety of job seekers, the free site currently lists more than 600 jobs for teachers, administrators and staff at many of the public and private colleges and universities in Northern California, all in one centralized location. The consortium was founded in 2000 by UC Santa Cruz, and now includes 18 Bay Area campuses.

template at www.pa-awis.org and click on the link – career.

September Chapter Meeting “Resume Clinic”

by Fong-Yih Bih

Three panelists - Gina Castillo, Marianne Rohde, and Toby Freedman, brought their intensive work experience to share with participants on how to prepare a job-winning resume. Ms. Gina Castillo is the Manpower on-site supervisor at Roche (Palo Alto) and oversees the contract requisition process. Ms. Marianne Rohde is a recruiter for BioSource Technical Service. Toby Freedman, Ph.D. is a consultant at BioQuest, an executive retained search firm specializing in VP and CEO searches for the life sciences. Gina and Marianne addressed the following key points to be considered in all basic resume preparation: The resume creates the first impression of you and usually is reviewed for less than one minute. 2) Resumes must demonstrate proper skills & training - highlight technical and performance skills. Technical skills include: adaptability, interpersonal, and work Habits. Technical Skills include: research skills, information management, and systems ethic. 3) The appropriate length of resume for people with less than 5 years experience is one page, and for others two-pages are the maximum. 4) The cover letter makes a difference to employers, therefore it should be tailored for each opportunity and show your enthusiasm. Toby provided a complete template for “creating that killer resume” and personal secrets on “top five ways to get into Genentech”. Some highlighted key points from the template were: 1) Correct contact information and the DATE. 2) Use bulleted points to summarize your most important accomplishments. 3) Use action words like “identified”, “discovered”, “determined” and avoid ‘along for the ride’ or vague words such as ‘involved in’ and ‘participated’. 4) The most important one: “do not exaggerate as it will bite you”.

You can also find their presentation on [putting together a resume](#) and [how to build a "killer" resume](#)

Bridging the Gap Science Career Roundtable Discussion Group

AWIS Palo Alto Chapter wants to know your opinion on launching a new program. This program would be designed to help the advancement of women’s science careers, and to promote networking opportunities among members. Please send your opinions to AWIS_survey@yahoo.com. If you support the program, please indicate which topic would be of most interest to you. A program called “science career roundtable discussion group” will be organized for members to meet and discuss a particular career path at a convenient time and location. Several senior women leaders in the field will be invited to share personal experiences on: what are the requirements to get into a particular field, what personal traits will help that particular career path, where to find resources, how to do well, what is the next step after doing well in the position, etc. This is in addition to our regular monthly program and will be in a small group setting.

Each event will be limited to 10-20 participants with priority to members. The event is free to all AWIS members, but an additional \$10 will be charged to non-members. A coordinator will be assigned to host, communicate with discussion leaders, and facilitate the process.

Possible Topics:

Academia, Bioinformatics, Business Development, Business Consulting, Executive Officer, Clinical Trial, Executive Recruiting, Marketing, Preclinical Trial, Patent Agent, Patent Attorney, Process Development, Project Management, R & D in a Start-up, Medical Writing, Science Education

Please let us know if launching this program would be of interest or benefit to you. Please submit to AWIS_survey@yahoo.com.

The BioScience Forum Presents

BioScience Forum
Four Embarcadero Center
Suite 400
San Francisco, CA 94111-4156
FAX 415-362-2928
Admin@biosf.org
President@biosf.org
webmaster@biosf.org
www.biosf.org

In Association with BioE2E

The First Annual

Biotech Career Fair

It's Free!

November 18th, 2003, 2-7 PM

The Clarion Hotel

401 East Millbrae Avenue

Millbrae, CA

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Member, Board of Directors
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Polish your resume and be prepared to interview at the First Annual Biotech Career Fair. Bring multiple copies of your resume. RSVP to attend at www.bioe2e.org/2003/careerfair/ Invite your friends with biotech experience!

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Featuring more than 400 job openings in startups, emerging and established biotech, diagnostic and clinical research organizations:

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- * Jazz Pharmaceuticals
- * Lab Support
- * Protein Design Labs

For directions, go to www.clarionsfo.com. The Clarion is within walking distance from the Millbrae Bart Station. Bring \$2 for parking. Overflow parking is available at the Westin Hotel. www.biosf.org www.bioE2E.org

The BioScience Forum: serving as a resource to the biotech community

Katy Kuo Korsmeyer, PhD Oooh! New Wave Science Education

How do high school teachers learn new concepts and discoveries in science, and then teach them to students? How do they get the "Oooh!" factor into their lesson plans? Come hear about a successful outreach program in Santa Clara County and learn how you might contribute or get involved.

Katy Korsmeyer is originally a protein biochemist by training. She developed an interest in science education outreach during her post-doc at UCSF. Katy's passion is to "make science fun" and enhance science in the classroom.

Today, Katy is Program Director of the Santa Clara County Biotechnology Education Partnership (SCC-BEP), a non-profit for biotechnology education. She leads teacher training in biotechnology, curriculum development, fundraising and coordinates mobile lab kits to bring biotech into the classroom.

DATE:	Monday, November 17, 2003
TIME:	7:00 pm - 9:00 pm
LOCATION:	PARC Auditorium 3333 Coyote Hill Rd, Palo Alto



Schedule

7:00-7:30 pm	Networking and light supper
7:30-7:45 pm	Announcements
7:45-8:45 pm	Program
8:45-9:00 pm	Discussion

- ***Welcome!! The Meeting is free but we ask for a \$5 donation to offset the cost of food. You do not need to be a Member to attend. All scientists, students, and their friends are welcome! Men too!***

Directions from the North:

Take Hwy 280 SOUTH, exit at Page Mill Rd and at the bottom of the ramp turn LEFT and head towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC (formerly Xerox PARC) is on the left, just past the crest of the hill. Enter main door and look for signs to the Auditorium.

Directions from the South:

Take Hwy 280 NORTH, exit at Page Mill Road, turn RIGHT at the bottom of the off ramp and head up hill towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC is on the left, (follow directions above).

ALTERNATE: Take Hwy 101, exit at Oregon Expressway heading west towards Stanford. As you cross El Camino, Oregon is renamed Page Mill Road. Follow Page Mill Road WEST, cross Foothill Expressway, and take a LEFT on Coyote Hill Road. PARC is on the left, (follow directions above to Auditorium).

December Meeting - Association for Women In Science (AWIS), Palo Alto

Winter Networking Social

Chase away those winter blahs and get in the holiday spirit with delicious homemade desserts and friendly networking!

- **BRING YOUR FAVORITE DESSERT AND ITS RECIPE** – We will exchange recipes and the most popular recipe will get a **PRIZE!**
- We will introduce an effective networking game that enables you to meet and exchange information with many people in a very short time.
- Afterwards, we will break up into small groups, based on interests.
- You will get to meet **EVERYONE** in an informal, friendly setting!

Come to polish up your ‘introduction’, exchange cards, share networking skills, make new friends, and find out who’s doing what in Bay Area science.

DATE:	Thursday, December 11, 2003
TIME:	7:00 pm - 9:00 pm
LOCATION:	PARC Auditorium 3333 Coyote Hill Rd, Palo Alto

Schedule

7:00-7:30 pm	Networking and sharing desserts
7:30-7:45 pm	Announcements
7:45-8:45 pm	Program
8:45-9:00 pm	Wrap-up

- ***Welcome!! The Meeting is free but we ask for a \$5 donation to offset the cost of food. You do not need to be a Member to attend. • All scientists, students, and their friends are welcome! Men too!***

Directions from the North:

Take Hwy 280 SOUTH, exit at Page Mill Rd and at the bottom of the ramp turn LEFT and head towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC (formerly Xerox PARC) is on the left, just past the crest of the hill. Enter main door and look for signs to the Auditorium.

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ALTERNATE: Take Hwy 101, exit at Oregon Expressway heading west towards Stanford. As you cross El Camino, Oregon is renamed Page Mill Road. Follow Page Mill Road WEST, cross Foothill Expressway, and take a LEFT on Coyote Hill Road. PARC is on the left, (follow directions above to Auditorium).

LOCAL (from Stanford): Take Foothill SOUTH towards Los Altos, and turn RIGHT at Page Mill Road heading WEST. Turn LEFT onto Coyote Hill Road. PARC is on the left, (follow directions above to Auditorium).

CALENDAR of EVENTS

**ebAWIS Chapter Meeting:
November**

Tuesday, November 11, 2003

6:30-7:00pm - Networking, light supper
7:00-8:30pm - Announcement and program

Rosalind Franklin's Contribution to the
Discovery of the DNA Double Helix

Lynne Elkin

Chiron Corporation, Emeryville, CA

For details, please visit:
www.ebawis.org

**Palo Alto Chapter Meeting:
November**

Monday, November 17, 2003

Oooh! New Wave Science Education

Katy Kuo Korsmeyer

PARC Auditorium
3333 Coyote Hill Road, Palo Alto

See flyer on page 6 for details

BioScience Forum

Tuesday, November 18, 2003
2:00-7:00pm

Biotech Career Fair

The Clarion Hotel
401 East Millbrae Avenue
Millbrae, CA

For details, please visit:
www.biosf.org
www.bioE2E.org

**Institute for Women and
Technology**

www.iwt.org

**ebAWIS Chapter Meeting:
November**

Wednesday, December 10, 2003
6:30-8:30pm

Communicating Science
in the 21st Century

with
Vivian Siegel
Lisa Krieger

Genentech Building 5

For details, please visit:
www.nccawis.org/chapters/sfawis/sfAWISHome.html

WILS

Friday, December 12, 2003
4:00pm

Women Leaders in Science:
Joan Brugge

Parnassus HSW 300
UCSF

For details, please visit:
<http://itsa.ucsf.edu/~wils/WILS.html>

**Palo Alto Chapter Meeting:
Winter Networking Social**

Thursday, December 11, 2003
7:00-9:00 pm

Networking and Sharing Desserts

See flyer on page 7 for details

PARC Auditorium
3333 Coyote Hill Road, Palo Alto

**Sacramento AWIS
Chapter Meeting**

Second Monday of Each Month

Community Room of Willows
Apartment Complex

1959 Lake Blvd
Davis, CA

For details, please visit:
www.nccawis.org/chapters/sacvalley/sacvalleyhp.html

**Professional Business
Women of California**

May 4, 2004

15th Annual PBWC Conference

Moscone Center
San Francisco

For details, please visit:
www.pbwc.org

**Healthcare
Businesswoman's
Association**

November 2003 – Mentoring
December 2003 – Holiday Tea

For details, please visit:
www.hbanet.org/chapters/sanfran.asp

**Women Chemist's
Committee**

www.calacs.org

**ASSOCIATION FOR WOMEN
IN SCIENCE
PALO ALTO CHAPTER**

<http://www.pa-awis.org/>
<http://www.awis.org/>

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Chapter dues \$25.00 per year. Student/unemployed \$10.00. Membership in National AWIS required. Pick up an application at a chapter meeting or visit the web site!



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