



A New Season for Mentoring 2005-2006

By Adina Paytan and Susan Bernhard, co-Chairs

A theme for our program is 'Mentors Making Connections'. That is, no single mentor has all the answers for her protégée but she can open doors. Mentors can share their own circle of community, widening the circle we all share and making us all stronger. As in building any relationship, it helps to understand what you need, to know what you have to give, to define limits, and to give (each other) a little time, to trust and to share.

The second dinner meeting will be on November 14th at Stanford. Please RSVP to mentoring_awis@yahoo.com by November 11th if you plan to attend. The program at

the second meeting will feature Dr. Sue Christy who will speak about 'Dealing With Difficult People' in the context of building more effective communication skills. This meeting will also afford an opportunity for mentoring pairs to get together.

Between now and Nov 14th the Mentoring Committee will pair students and mentors, and then the real 'work' of mentoring can begin. Mentoring involves a flexible time commitment that is negotiated by each pair. It is more about being available than about making a fixed commitment. We accept new mentors and student protégées at any time. We would LOVE to have you with us! Just write to mentoring_awis@yahoo.com and we will hook you up.

Got Supplies? Donate to Education!

By Katy Kuo Korsmeyer



Before

Does your company toss boxes of pipet tips past QC date? Are there plastic disposables and equipment just lying around the labs or in warehouses and will never be used? Are there labs moving or consolidating and cleaning house? All these "trash" items can be used by schools around the Bay Area! Science teachers from elementary schools to universities would love to have all the stuff that companies toss regularly. Please contact Katy <kuokaty@scientist.com> if you would like to find out how to save our landfill and help out schools at the same time. I would be

happy to work with your company representative to discuss PR, legal affairs, safety, and tax deductible contributions.

Roche Palo Alto held THREE giveaways during the summer and fall of 2005. All were organized, documented, and helped educators with disposables, glassware, and small equipment. Large giveaways can be arranged on-site. Smaller amounts of donated items can be carted off-site for distribution. Basic lab equipment such as water baths, incubators, power supplies, and centrifuges are in high demand!

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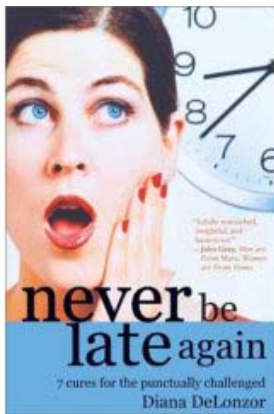


After

Meeting Highlights: September

By Katie Templin

The September meeting was a subject that affects all of our lives. The author of *Never Be Late Again: 7 Cures for the Punctually Challenged*, Diana DeLonzor, presented the insightful solutions and exercises for the chronically



late. Diana DeLonzor is a nationally recognized researcher and time management consultant. Based on a 1997 re-

search study on chronic lateness, its causes, and the psychological characteristics of late people vs. timely, Diana wrote a book with seven unique and simple secrets to managing time more effec-

tively. At our September meeting, Diana covered many of these secrets.

Reasons that it is important to overcome lateness include: it affects others, it makes a bad impression, it is a career buster, and in this culture, punctuality matters. Those that are never late often view late people as attention cravers, controlling, slackers, and other such negative connotations. So what makes people habitually late?

There are actually seven categories that Diana was able to identify, and people can fall into multiple areas: the rationalizer, the producer, the deadliner, the indulger, the rebel, the absentminded professor, and the evader. Throughout the discussion (and her book) Diana was able to provide attendees with insightful solutions to each of the reasons for lateness.

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Member News

Katie Templin, formerly a recruiter and on-site manager at Kelly Scientific Resources, joined ALZA Corporation as a Project Management Associate as of September. In October, **Lachelle Arnt** started as a product developer in the Antimicrobial Technologies Group at Clorox, while **Violet Votin** began a postdoc at UC Berkeley in cell division and signal transduction.

Susan Bernhard and **Violet Votin** raised \$430 total for Alzheimer's research by participating in Memorywalk: memorywalk.kintera.org/treasureisland/elan.

Local Events Calendar

Mentoring Speaker	
When:	November 7
What:	Speaker is Carol Muller, Founder, President and CEO of MentorNet, www.mentornet.net . MentorNet is "the award-winning nonprofit e-mentoring network that addresses the retention and success of those in engineering, science and mathematics, particularly but not exclusively women and other underrepresented groups".
Who:	Women in Electrical Engineering at Stanford University
Where:	Stanford University
How:	See http://wee.stanford.edu/schedule.php for details.

Stem Cell Research	
When:	November 8, 6-7:30 pm
What:	<p>Speaker is Irv Weissman, Professor of Cancer Biology at Stanford University, Director of the Stanford Institute of Cancer and Stem Cell Biology and Medicine.</p> <p>Dr. Weissman's field of research is adult tissue stem cell biology. In 1988, he and his team were first to isolate any adult stem cell—the mouse hematopoietic (blood-forming) stem cell (HSC). This was followed by the isolation of the human HSC, the human brain cell forming stem cell (CNS), and most or all blood system committed progenitors in mouse and man. Dr. Weissman is a cofounder of the adult or tissue stem cell companies Stem Cells, Inc. and SyStemix, Inc (human HSC) which released the stem cell service transplant functions to Cellerant, Inc, to deliver human HSC and blood system progenitors to patient populations.</p>
Who:	Café Scientifique, "a place where anyone can come to explore the latest ideas in science and technology and debate science issues outside a traditional academic context. We meet monthly to discuss a variety of science topics."
Where:	Roche Palo Alto Cafeteria Building 3431 Hillview Ave. Palo Alto
How:	See www.cafespica.org . Food and beverage can be purchased. Bring your business card.

Business, Clinical and Regulatory Classes	
When:	Ongoing.
What:	UC Berkeley Extension offers intensive evening and weekend classes for professionals in biotech or allied industries. Topics vary from bioscience operations to toxicology.
Who:	UC Berkeley Extension
Where:	San Francisco, Berkeley or Redwood City
How:	Cost varies. See http://www.unex.berkeley.edu/biotechnology

Panel on Research in Industry	
When:	November 14
What:	Panel members: Dr. Mary Baker, HP labs Dr. Adriana Dumitras, Apple Dr. Rose Ray, Exponent
Who:	Women in Electrical Engineering at Stanford University
Where:	Stanford University
How:	See http://wee.stanford.edu/schedule.php for details.

Mentoring Dinner Meeting	
When:	November 14
What:	Program by Susan Christy on 'Dealing with Difficult People'; good communication is important in grad school and in the workplace, and between mentors and protégées too.
Who:	AWIS Palo Alto Mentoring Committee
Where:	Stanford University
How:	No charge. For directions, RSVP by Nov. 11 to mentoring_awis@yahoo.com .

Career-Focused Seminar

When: November 28

What: Speakers:
Barbara Simons, Association for Computing Machinery
Dr. Telle Whitney, Anita Borg Institute for Women and Technology

Who: Women in Electrical Engineering at Stanford University

Where: Stanford University

How: See <http://wee.stanford.edu/schedule.php> for details.

Career-Focused Seminar: Investment and Finance

When: December 5

What: Speakers:
Trae Vassallo, Kleiner Perkins Caufield & Byers
Amanda Miller, Director at Standard & Poor's

Who: Women in Electrical Engineering at Stanford University

Where: Stanford University

How: See <http://wee.stanford.edu/schedule.php> for details.

Wine Making for Women

When: December

What: To be announced.

How: See www.sfawis.com for updates.

Business and Technology Information

When: December 7 and every first Wednesday of the month

What: The Women's Information Group was formed out of a desire to explore the unique issues and concerns faced by women in predominantly male technology fields. The group is not exclusively technology focused, but expands into business and other issues with a technology overlay.

Who: Women's Information Group

Where: San Ramon/Dublin Water Services District Board Room in Dublin

How: Meet over wine and hors d'oeuvres. Details at <http://www.ebig.org/sig/sig.aspx?SIGid=35>

Holiday Soiree for Bioscience Community

When: December 8

What: Enjoy holiday atmosphere, network and catch-up with old friends. Just remember to bring plenty of business cards.

Who: BayBio

Where: NASA Ames
943 NASA Parkway, Moffett Field, CA

How: See www.baybio.org



Book Suggestions



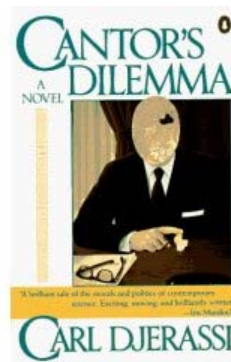
A Ph.D. is Not Enough: A Guide to Survival in Science by Peter J. Feibelman is a useful book, especially for those near the end of graduate school. Anecdotes demonstrate how

The author stresses the importance of a professional image and an adviser senior enough to not compete for credit.

easily a Ph.D. can become a mere technician or an academic failure unless carefully choosing her postgraduate research path. The cynical tone is balanced by hope that the suggestions in the book will help the reader stay in research despite the potential traps. For example, the author stresses the importance of a professional image and an adviser senior enough not to compete for credit. Scientists at all stages may appreciate the tips about preparing grant applications and talks (bottom line: audiences appreciate when you connect your work to their own and to the significant questions of the field). The comparison between research paths in industry and academia is interesting, but biased by the author's background in physics; the recommendation to establish a reputation in

industry as a shortcut to attaining tenure in academia may be less applicable in biology, for example.

Cantor's Dilemma: A Novel follows Nobel-level researchers in the excitement of discovery and also the struggles with ethics and personalities. Author Carl Djerassi, a Stanford chemistry professor, arts patron, and inventor of the birth-control pill (as recounted in his worthwhile memoir), shares glimpses of the rarefied world of a sophisticated professor and his disgruntled underlings. With this third contribution to the "science-in-fiction" genre he pioneered, Djerassi brings up thought-provoking questions about conventions and ethics in everyday science, particularly regarding publishing, as well as true tidbits about science history that are interesting to both scientists and friends of science.



© Penguin Publisher

Sometimes the dialogue is awkward or characters a bit too driven (for example, the protagonists agree to solidify a romantic relationship mainly because it would help them focus on their science). However, the heroine and other women in the book are strong, smart and sexy role models, although the soap opera aspects of the story are too explicit for children.

For some reviews of book about women, including forgotten women in the physical sciences, see <http://www-project.slac.stanford.edu/wis/pages/book.htm>

For a thorough list of technical books related to biotech--from science to regulatory to marketing--see:

<http://www.biotechmedia.com/mmamazonmaster.html>. Note that the list may not have been updated since 2000.

Benefits of AWIS Membership: Working your Network!

The benefits of AWIS membership include access to a searchable online directory of AWIS members nationwide. Also, our affiliation with AAAS means that we get discounts on AAAS membership and *Science* magazine as well as free access to Science's **Next Wave**, an invaluable career/job network.

Here are some (visual) tips for accessing the membership database (notice how you can search for various fields like employer – there are at least 1000 different employers represented throughout the US!)

Other benefits of PA-AWIS Membership include:

- AWIS magazine
- chapter newsletters
- discounts to SF-AWIS events



Association for Women in Science
Palo Alto Chapter
www.pa-awis.org

Chapter dues \$25. Student/unemployed \$10.
Membership in national AWIS is required.
Pick up an application at a chapter meeting
or visit www.awis.org.

AWIS Palo Alto Board Members		
President	Mirella Bucci	mirellabucci@yahoo.com
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Secretary	Iris Ferber	iferber@celliancecorp.com
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Webmistress	Mirella Bucci	mirellabucci@yahoo.com
Northern California Chapters Rep.	OPEN	

Defining Success: One Woman's Path from Ph.D. to CEO to Investor

Speaker: Linda Sonntag, Ph.D.

Dr. Sonntag has many years of experience in the venture capital and biotechnology industries. Come hear about how her career evolved, how she transitioned from the laboratory to CEO to Investor, and how life choices played a role in her professional successes. Dr. Sonntag is currently creating Equity Investment Partners, LP, a Social Venture Fund for Global Health, focused on health technology solutions for developing-world markets. Prior to that, she was a General Partner of Axiom Venture Partners, L.P. Dr. Sonntag was the first woman CEO of a publicly held biotech company, SyStemix; CEO of StemCells, Inc.; and Chairman/Co-founder of Prolinx, Inc. She has studied at the Harvard Business School and at M.I.T.'s Alfred P. Sloan School of Management. She has a Ph.D. in Biochemistry from the University of Witwaterstrand in South Africa where she taught in the Department of Genetics, was a post-doc with Dr. Herb Boyer at U.C.S.F., and was a visiting scientist at the Weizmann Institute.

DATE: Monday, November 14, 2005

**LOCATION: PARC Auditorium
3333 Coyote Hill Road, Palo Alto**

RSVP: online at <http://www.acteva.com/go/pa-awis>

Schedule

7:00-7:30 pm	Networking and light supper
7:30-7:45 pm	Announcements
7:45-8:45 pm	Program
8:45-9:00 pm	Discussion

Welcome!! You don't need to be a Member to attend – but please do RSVP.

All scientists, students, and their friends are welcome. Men too!

We ask for a \$5 donation to cover the cost of food.

Directions from the North:

Take Hwy 280 SOUTH, exit at Page Mill Rd and at the bottom of the ramp turn LEFT and head towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC (formerly Xerox PARC) is on the left, just past the crest of the hill.

Directions from the South:

Take Hwy 280 NORTH, exit at Page Mill Road, turn RIGHT at the bottom of the off ramp and head up hill towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC is on the left.

ALTERNATE: Take Hwy 101, exit at Oregon Expressway heading west towards Stanford. As you cross El Camino, Oregon is renamed Page Mill Road. Follow Page Mill Road WEST, cross Foothill Expressway, and take a LEFT on Coyote Hill Road. PARC is on the left.

LOCAL (from Stanford): Take Foothill SOUTH towards Los Altos, and turn RIGHT at Page Mill Road heading WEST. Turn LEFT onto Coyote Hill Road. PARC is on the left.

At PARC, drive through main entrance and look for signs to the Auditorium, at the end of the parking lot on your left.

Questions about AWIS or this meeting? Email awis_pa@yahoo.com.

See also <http://www.parc.com/company/directions.html> for map and directions.

Association for Women in Science
Palo Alto Chapter

Networking Social

After refreshments and informal networking, we will introduce and play structured networking games that effectively enable you to meet and exchange information with many people in a very short time.

Then we will break up into small groups, based on interests.

You will get to meet EVERYONE in an informal, friendly setting!

Come to polish up your 'introduction', exchange business cards, share networking skills, make new friends, and find out who's doing what in Bay Area science.

DATE: Tuesday, December 6, 2005, 7-9 pm

**LOCATION: PARC Auditorium
3333 Coyote Hill Road, Palo Alto**

RSVP: online at <http://www.acteva.com/go/pa-awis>

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